

NHS Newham Clinical Commissioning Group 2014/15 Review



Chair's foreword

As I come to the end of my time as NHS Newham Clinical Commissioning Group's (CCG) Chair, I look back with pride in what we have achieved with our partners in health and social care and what we are doing to improve the health and wellbeing of local people in Newham.



I have worked as a GP for over 25 years in Newham. Working on the ground as a GP locally gives me insight into how decisions made by NHS Newham CCG impact on those that matter most – our patients. No region in the country can boast the richness of diversity we have in our communities, which is why it will give me such great pleasure to see Newham and its people further flourish in the future.

Finally, I would like to acknowledge the dedication, commitment and compassion shown by health and social care professionals across Newham, London and beyond. You never cease to impress me and without you, none of our countless achievements or future successes that we are planning, would be possible – thank you.

Dr Zuhair Zarifa

Chair

NHS Newham Clinical Commissioning Group



Who are we and what do we do?

NHS Newham CCG is responsible for planning and buying the majority of health services for people in Newham. We are a clinically-led membership organisation made up of Newham's 59 GP practices.

This puts us in a unique position to understand the needs of patients and to drive improvement in the delivery of high-quality, evidence-based and compassionate health services.

We have been working to three key priorities during 2014/15:

- **To improve patient experience and better manage demand** by joining up local primary, community and acute care services to help people prevent and manage long term conditions, promoting resilience and independence.
- **To secure leading quality maternity and paediatric services and a healthy start in life for its children and young people.**
- **To build and harness commissioning expertise** and its member practices presence in neighbourhoods to get best value from public funding every day.



Key areas of performance

Primary care

We invested an additional £3m in enhancing a range of GP services to improve outcomes for patients with conditions such as diabetes, cardiovascular disease, respiratory problems and mental health.

■ Pre-diabetes

The pre-diabetes service went live in July 2014 and is provided by all of our 59 GP practices. 2,667 patients have been invited to, and attended, an annual review.

■ Diabetes

We have made significant improvements in HbA1C (blood sugar) control and maintained target levels for blood pressure and cholesterol for diabetic patients in Newham. Eighty one per cent of people with diabetes now have a care plan in place, which is significant given the increase in population means we are providing care for an additional 1,560 people with type 2 diabetes.

■ Tuberculosis

Newham has the most ethnically diverse population in the UK, with many people arriving from countries with the highest incidence of tuberculosis (TB). The rate of active TB is equivalent to rates in underdeveloped regions in sub-Saharan Africa.

Our latent TB infection screening programme is the only one in the country that utilises community pharmacies for treatment and monitoring of patients. We are pleased to see that learning from our programme is now being used to support national TB guidance.

■ Flu

Newham achieved one of the highest levels of flu immunisation for the second year in a row. We had the best results in London for people under 65 years of age.



Mental health

We collected a Health Service Journal Award in 2014 (see below) for a piece of work highlighting the issue of mental health to young people. Other achievements included:

- Newham is the most improved London borough for dementia diagnosis rates.
.....
- We have met all targets for the improving access to psychological therapy (IAPT) service and we have over 600 patients registered on the enhanced primary care service for mental illness.
.....
- Acute beds and older beds occupancy have both been below capacity levels throughout 2014/15.
.....



Transforming Services Together

The Transforming Services Together (TST) programme was established in September 2014 to deliver the five-year strategic plan for Newham, Tower Hamlets and Waltham Forest CCGs. This will:

- Help patients to be in control of their own health so they lead longer and healthier lives.
- Provide more access, proactive care, co-ordinated health, social and mental health care in our communities and give patients more choice.
- Improve hospital services and primary care services, including GPs.
- Ensure our budget is spent in the best way to provide a more sustainable health service.

Our principal acute services provider, Barts Health NHS Trust, are a key contributor to the TST programme. Newham GPs have linked with the consultants, particularly at Newham University Hospital, to drive up standards.

Learning disability

Newham is the best performing area in London for supporting local people with a learning disability to have a health check. Local GP surgeries enabled 75% of people with a learning disability in Newham to have an annual health check, more than in any other part of London.

Children and maternity

We are working to tackle the complexities that come with 6,500 live births per year, 76% of children having mothers born outside of the UK and Newham has the third highest level of deprivation in the country.

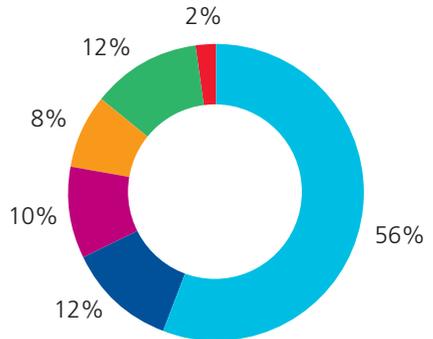
In 2014/15 we recruited four youth commissioners to review and improve the current care pathway for diabetes.

Financial position

We are accountable for what we do with public money. In 2014/15, we did well in terms of value for money for our patients with our overall budget of just over £400million. This allocation equated to £1,091 per registered person in Newham for patient care (excluding admin costs).

Spend £m

Acute	£225m
Mental health	£47m
Community services	£40m
Other non acute	£34m
Primary care	£48m
Corporate	£8m



Future plans

Our targets for the 2015/16 financial year are as follows:

- To continue our **integrated care** programme that brings health and social care services closer together. For example, we now have 9,500 care plans completed for high needs patients who access health and social care more than others and Newham's **rapid response** service is now taking referrals from GP practices.
- To launch a re-modelled **cardiac service**.
- To involve more young people and their families in commissioning decisions.
- To continue progress with the **Transforming Services Together** programme.

Contact us:

Email: enquiries@newhamccg.nhs.uk

Tel: 020 3688 2300

Website: www.newhamccg.nhs.uk

Twitter: [@NHSNewhamCCG](https://twitter.com/NHSNewhamCCG)

Flickr: www.flickr.com/photos/newhamccg

To access a full version of our 2014/15 Annual Report and Accounts please visit www.newhamccg.nhs.uk or call 020 3688 2300

